

### Appendix 3: Voluntary organisations, sources of information and Support Groups for Parents and Carers in South Gloucestershire

Supportive Parents is a parent led organisation providing the Parent Partnership service for South Gloucestershire. We provide information and support for parents/carers of children with any kind of special educational need, to enable them to play a more active and informed role in their child's education. We do this by means of a telephone information and support line, face to face support and help with written information. For further details contact our Information and Support line 0117 9897725 or visit [www.supportiveparents.org.uk](http://www.supportiveparents.org.uk). Email [mail@supportiveparents.org.uk](mailto:mail@supportiveparents.org.uk). We hold a monthly parent support group at Brimsham Green Secondary School in Yate BS37 7LB, usually on the third Tuesday in the month from 7.30pm - 9.15pm (See website for dates)

We keep details of national and local organisations which offer information and support to parents/carers of children with SEN and disabilities. Phone us for further details. We try to keep this information list up to date, but unfortunately contact details change rapidly in the Voluntary sector. If you find updating of any of the entries in our list is required, we would welcome feedback! You can always double check information on the web at "1BIGDATABASE" [www.1bigdatabase.org.uk](http://www.1bigdatabase.org.uk). We also hold information on other Bristol-based organisations who may offer support to South Gloucestershire residents.

For parents/ carers wishing to register their children on the South Gloucestershire Council and NHS South Gloucestershire Authority Network of Children and Young People with Special Needs and Disabilities, contact the Child Health and Disability Team on 01454 866163 and ask for a Network form, or go to [www.southglos.gov.uk](http://www.southglos.gov.uk) and type CYP-09-0145 in the search box.

To find out about the Yellow Book - A Guide for Parents of Children with Special Needs in South Gloucestershire, phone 01454 866163, or go to [www.southglos.gov.uk/yellowbook](http://www.southglos.gov.uk/yellowbook) This booklet contains information on a range of local and national voluntary organisations for parents and carers of children with additional needs who live in South Gloucestershire. Children and Young People Information Service, contact 01454 868008, or e mail [cis@southglos.gov.uk](mailto:cis@southglos.gov.uk) can also search this booklet for callers. Remember that access to [www.southglos.gov.uk/cypinfo](http://www.southglos.gov.uk/cypinfo) is free at your local South Gloucestershire library.

Other South Gloucestershire Information Lines and Support Groups for parents/carers of children with disabilities and special educational needs:

Acorns: Support group for parents of pre-school hearing impaired children: Elmfield House 10.30am - 12.00pm weekly on Wednesdays during term time. Contact the Sensory Support Service on 0117 9038442 [www.sensorysupportservice.org.uk](http://www.sensorysupportservice.org.uk)

ASBAH (Association for Spina Bifida and Hydrocephalus)

[www.asbah.org.uk](http://www.asbah.org.uk)

Contact Ann Gillard 01275 331407 or email [anng@asbah.org](mailto:anng@asbah.org)

Autistic Spectrum Disorders - See National Autistic Society.

Avon North Mencap 322-324 Two Mile Hill Rd, Kingswood BS15 1AJ

[www.avonnorthmencap.org.uk](http://www.avonnorthmencap.org.uk) Contact 0117 9614372

Black Carers' Project

This support group for black and ethnic carers (adult and young carers) is not funded for work in South Gloucestershire but has a website which can be accessed at [www.blackcarersproject.co.uk](http://www.blackcarersproject.co.uk)

Contact Project Manager on 0117 3144664/6/7

Bristol & Avon Chinese Women's Group St Agnes Church, Thomas Street, St Paul's, Bristol, BS2 9LL Contact 0117 9351462

See also: South Glos Chinese Association, Elton Room, The Chantry, 52 Castle St Thornbury BS35 1HB. Contact 01454 865134 or email [sgca.office@yahoo.co.uk](mailto:sgca.office@yahoo.co.uk)

The Care Forum: The Parents and Carers Advisory Forum is no longer meeting. Voluntary Sector Co-coordinator Bristol and South Glos Contact Lucy Rowe on 0117 9589337 email: [Lucy.rowe@thecareforum.org.uk](mailto:Lucy.rowe@thecareforum.org.uk) website: [www.thecareforum.org.uk](http://www.thecareforum.org.uk)

Cerebral Palsy Plus (formerly SCOPE BRISTOL for children with cerebral palsy)

The Vassall Centre, Gill Avenue, Fishponds, Bristol BS16 2QQ

Contact Manager on 0117 9655028 [www.cerebralpalsyplus.org.uk](http://www.cerebralpalsyplus.org.uk)

SCOPE RESPONSE - Information and support line 0808 8003333 9am - 7pm

Mon- Fri and 10am - 2pm Sat [www.scope.org.uk](http://www.scope.org.uk)

Children Living with Inherited Metabolic Diseases (CLIMB)

[www.climb.org.uk](http://www.climb.org.uk) National contact - 0800 6523181.

Children's Brain Injury Trust (CBIT) no parent support groups currently running at Barbara Russell Unit, but a monthly Fun Club for children and families is running.

Contact Julie Fisher on 0117 3406701

Children and Young People Information Service: South Gloucestershire Telephone information and outreach service covering areas of childcare registered with Ofsted, parent and family support, school admissions, school transport, free school meals and student support and a signposting service. Contact 01454 868008 - Helpline Monday to Friday (8.45am-5.0pm: Mon-Thurs 8.45am-4.30pm: Fridays) website: [www.southglos.gov.uk/cypinfo](http://www.southglos.gov.uk/cypinfo)

Contact a Family: A national charity working across the UK to support families caring for children with any disability or special need.

National contact 0808 808 3555 [www.cafamily.org.uk](http://www.cafamily.org.uk) or email [helpline@cafamily.org.uk](mailto:helpline@cafamily.org.uk)

Contact Bobby Owen 0117 914 0543 (South Glos) Family Support Worker.

Bristol Areas Downs Syndrome Support (BADSS Bristol Area)

A local charity for Parents and guardians of children with Downs Syndrome or their friends and family who would benefit from help and support from other Parents. Contact Andrew King on 0845 6422377 or [www.badss.org.uk](http://www.badss.org.uk) or e-mail [info@badss.org.uk](mailto:info@badss.org.uk)

Bullying UK, no local group, national website [www.bullying.co.uk](http://www.bullying.co.uk)

Dyspraxia Foundation (Bristol)

This support group no longer meets. Parents can contact the national organisation on 01462 454986 [www.dyspraxiafoundation.org.uk](http://www.dyspraxiafoundation.org.uk)

Dyslexia Association Bristol

This parent support group no longer runs. Contact Supportive Parents for further information and support or the National Helpline - British Dyslexia Association 08452 519002 [www.bdadyslexia.org.uk](http://www.bdadyslexia.org.uk)

ERIC (Enuresis Resource and Information Centre) [www.eric.org.uk](http://www.eric.org.uk)

36 Old School House, Britannia Road, Kingswood BS15 8DB. Contact 0845 3708008 Mon-Fri 10 am till 4 pm. E mail [info@eric.org.uk](mailto:info@eric.org.uk)

Family Centre for Deaf Children Family centre, Greystoke Ave, Westbury on Trym, Bristol BS10 6AY [www.fcdc.org.uk](http://www.fcdc.org.uk) . Contact 0117 3307575

Minicom: 0117 9031480. Grandparents and siblings signing classes. Newsletter produced.

Jessie May Trust, 01179 616840, [www.jessiemaytrust.org.uk](http://www.jessiemaytrust.org.uk)

KHAAS: Information and groups for Asian parents with children who have disabilities or special needs. Contact 0117 9554070. [www.khass.co.uk](http://www.khass.co.uk). South Gloucestershire meetings held at Hop Skip and Jump.

Look West: Support group for families with blind or visually impaired children.

Contact the RNIB, Stillhouse Lane, Bristol on 0117 9537750 [www.rnib.org.uk/parents](http://www.rnib.org.uk/parents) or contact Philippe Cazalis: 0117 9341704.

National Autistic Society (NAS) – South Gloucestershire Branch  
For further information about support group and activities contact Rachel Trueman, Branch Officer on branch mobile 07917085132, or email: [southgloucestershire@nas.org.uk](mailto:southgloucestershire@nas.org.uk) Website address [www.nasbranch.org.uk/southglos](http://www.nasbranch.org.uk/southglos) . Newsletter produced.

Out of School Clubs for children and young people with Asperger syndrome (12-16 years) contact Development Coordinator, NAS, Church House, Church Road, Bristol BS34 7BD Telephone 0117 9748437.

The NAS also offers a Befriending scheme: contact 0117 9748414

Our Place: This community-based centre for foster and adoptive families and for professionals who support them, provides a centre for parents and children where they can meet and find support, join activities, have fun in the playroom and attend workshops in early childhood development and special needs education. It is located at 139 Fishponds Road, Eastville BS5 6PR (0117 951 2433) email: [ourplace@btconnect.com](mailto:ourplace@btconnect.com) website: [www.ourplacebristol.org.uk](http://www.ourplacebristol.org.uk)

Our Voice Matters – New Forum for parents /carers of children with additional needs. Contact [www.ourvoicematters.org.uk](http://www.ourvoicematters.org.uk) or email [info@ourvoicematters.org.uk](mailto:info@ourvoicematters.org.uk)

Princess Royal Trust Carers' Centre: [www.carers-bs.org.uk](http://www.carers-bs.org.uk)  
Run Carers groups in S. Glos including Young Carers. Carers can ring the Carer's information line 0117 9652200. For further information email [admin@carers-bs.org.uk](mailto:admin@carers-bs.org.uk) .

SENSE, Avon [www.sense.org.uk](http://www.sense.org.uk) (national)  
Support group for children with single or dual sensory impairment Woodside Family Centre, Kingswood, Bristol BS15 8DG email: [woodside@sense.org.uk](mailto:woodside@sense.org.uk).  
For details of parent support groups contact Senior Family Support Worker 0117 9670008.

South Gloucestershire Asian Project: Tel: 01454 865126 [www.sgap.org.uk](http://www.sgap.org.uk)

South West Children's Heart Circle  
A charity that supports children with heart conditions and their families in the units where they receive care [www.heartcircle.org.uk](http://www.heartcircle.org.uk) 0870 1252307

Tourettes Syndrome Support Group  
Bristol, North Somerset and South Gloucestershire parents welcome.  
Contact Carol Bale on 0845 4581252 [www.tourettes-action.org.uk](http://www.tourettes-action.org.uk)  
(national)

[www.youthunltd.com](http://www.youthunltd.com) A website for 13-19 year olds living in South Glos.

## SOCIAL/LEISURE GROUPS

Youth Services locality contacts for work with disabled young people  
Severnvale 01454 868593, Kingswood 01454 868592, Yate 01454 868194  
parents can phone for information.

Steve Speirs, Sports Development worker: contact on 01454 864616. Can  
also provide details about the Breakthrough project, or go to  
[www.southglos.gov.uk](http://www.southglos.gov.uk) putting Breakthrough in the search box.

Children's Playlink: Organise special needs playschemes and buddies for  
children with SEN wishing to attend mainstream playschemes contact 01454  
865637 or go to [www.child-playlink.org.uk](http://www.child-playlink.org.uk).

Bridging the Gap project employs an Inclusion Play Advisor to increase  
opportunities for disabled children to access play settings, contact 01454  
865644 or email [nicky.owen@childrensplaylink.org.uk](mailto:nicky.owen@childrensplaylink.org.uk)

Seven Springs South West - [www.hopskipandjump.org.uk](http://www.hopskipandjump.org.uk)  
The Hop Skip and Jump Centre, Grimsbury Farm, Kingswood. Several groups  
of parents/carers meet here For further information about sessions,  
contact: Centre Manager - 0117 9677282.:

Special Friends Activities Club: This group offering fun, friendship and  
activities to children with special needs and their families meets as a  
Holiday club for all ages. Contact 07783 322650  
[admin@specialfriendsclub.org.uk](mailto:admin@specialfriendsclub.org.uk) [www.specialfriendsclub.org.uk](http://www.specialfriendsclub.org.uk)

Fair Play: Fun filled activity group for children with special needs meeting  
in Bradley Stoke on Saturdays. For details contact Corrina on 01454 898530

Bournstream Trust: Outdoor play area for children with SEN, Wotton-under-  
Edge. Gloucestershire 01453 845568 [www.bournstream.org.uk](http://www.bournstream.org.uk)

## SPECIALIST CLUBS

All Ability Multi Sport Club  
Wednesdays 5.30-7pm, The Grange School, Tower Road North, Warmley.  
Contact 01454 865821

Avon riding Centre for the Disabled, Kingsweston Road, Henbury, 0117  
9590266. [www.avonridingcentre.co.uk](http://www.avonridingcentre.co.uk)

Bridging Group, Brimsham Green youth wing, Wednesday night 7-9pm 01454  
868998, youth provision for people with learning difficulties and disabilities  
13-19 years old.

Bradley Stoke Special Needs Judo Club, Thursday night  
[www.bradleystokejudoclub.co.uk](http://www.bradleystokejudoclub.co.uk)

Concorde Wheelchair Dancing, Staple Hill 0117 3009615, Monday 7.30-9.30  
8-80 years, [www.wheelchairdance.co.uk](http://www.wheelchairdance.co.uk)

Made for Ever Youth Centre, Kingswood, LDD Wednesday night 14+  
01454 865746

New Star Judo Club, Patchway, [www.newstarbristol.co.uk](http://www.newstarbristol.co.uk)

St Andrew Methodist Youth Centre, Filton, 01179691938, Thursday night 7-  
9.30, 15-25 years [www.standrewsmyc.btik.com](http://www.standrewsmyc.btik.com)

Star Kids: Little Stoke Youth Centre, Tuesday nights 7pm - 9pm for young  
people aged 12-19 who have learning or physical disabilities. For more info  
phone 01454 865730

The Hive Youth Club 13-18 years, Avon North Mencap, Kingswood 0117  
9614372 [www.avonnorthmencap.org.uk](http://www.avonnorthmencap.org.uk)

#### COURSES FOR PARENTS

Supportive parents run courses for parents of children with SEN phone 0117  
9897725 for details

The LA Parenting Consultancy service offer the following courses The  
Incredible Years, Parents Plus Children, Parents Plus Adolescents &  
Strengthening Families, for further details see [www.southglos.gov.uk](http://www.southglos.gov.uk)  
putting service name in search box or phone 01454 868008 email  
[parenting.courses@southglos.gov.uk](mailto:parenting.courses@southglos.gov.uk) e.g.

HELP 1 and 2- contact NAS Website at [www.autism.org.uk](http://www.autism.org.uk) or phone 0117  
9748438. Email [help.programme@nas.org.uk](mailto:help.programme@nas.org.uk).

Other parenting courses and support can be accessed by referral by  
professionals e.g. Early Bird, Webster Stratton, Parent talk, Managing  
Difficult Behaviour (Adolescence) and Positive Parenting. Contact your  
School Health Nursing Service, Health Visitor, or Social Worker to discuss  
whether a referral can be made.

#### OPPORTUNITY GROUPS IN SOUTH GLOUCESTERSHIRE:

Sevenside Oppurtunity group no longer meets. Contact number for Yate  
Opportunity Group is 01454 326673