



Supportive Parents SENDIAS
Service for Young People

Advocacy



A Factsheet for Children and Young People



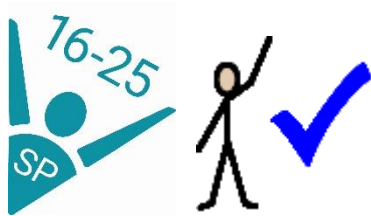
Advocacy means getting support from another person to help you express your views and wishes.



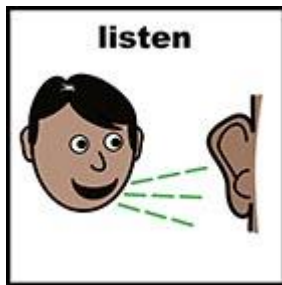
Advocacy can help you understand your rights and how to use them.

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Supportive Parents can:



- Listen to your views and concerns help you explore your options and rights (without pressuring you)



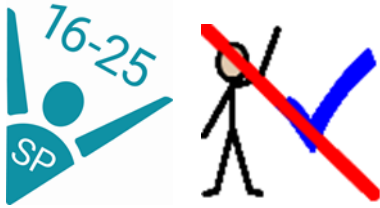
- Provide information to help you make informed decisions



- help you get in touch relevant people, or talk to them on your behalf



- Accompany you and support you in meetings.



Supportive Parents won't



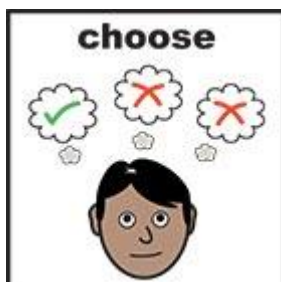
- Give you their personal opinion
- Solve problems and make decisions for you
- Make judgements about you.



In meetings, they can:



- Support you to ask all the questions you want to ask



- Explain your choices



- Help keep you safe during the meeting – for example, if you find the meeting upsetting, your advocate can ask for a break until you feel able to continue.



If you need more support than this you may need a “statutory” or “legal” advocate (deputy).



We can help you find out more about these.



Supportive Parents offer advocacy to:



Children and young people under 25 and have special educational needs and/or a disability, who live in Bristol, North Somerset or South Gloucestershire.





If you would like to find out more, you can:

Phone: 0117 989 7725

Email: Support@supportiveparents.org.uk



Or visit our website:

www.supportiveparents.org.uk

≤ 16

If you are **under 16** you can contact us or your parent carer can contact us for you.

≥ 16

If you are **over 16** you can contact us yourself or:



If you want a parent or support worker to contact us you need to give your permission.



They can ask us for a contact form (link to contact form)

Disclaimer: Supportive Parents has made all reasonable efforts to ensure that the information contained in this leaflet is accurate and up to date at the time of publication. It does not constitute legal advice and Supportive Parents cannot accept any responsibility for any loss or damage suffered as a consequence of any reliance placed upon it.

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